2026 Annual Fall CME Conference

November 1st - 4th, 2026

Hyatt Regency Lake Washington | Renton, Washington

Conference Agenda

Sunday, November 1st

	Vendor Load In
2:00PM - 3:00PM	Board of Diectors Meeting
5:00PM - 7:00PM	Welcome Reception, Awards and Lois M. Scholarship

Monday, November 2nd

7:30AM - 8:30AM	Breakfast
8:30AM - 8:45AM	WAPA Welcome and Introduction
8:45AM - 9:45AM	Updated Hypertension Guidelines Essential for Providers | Laura Mayeda, MD, MPH
9:45AM - 10:00AM	Break
10:00AM - 11:00AM	Kidney Stones: "It'll Pass... Or Will It?" An Overview of Stone Management and Prevention | Lisa Gill, PA-C
11:00AM - 11:30AM	Break
11:30AM - 12:30PM	Unclogging the Mystery of the New Hyperlipidemia Guidelines for the PCP | Ashley Cox, DMSc, PA-C, RVT, RDCS
12:30PM - 1:30PM	Lunch Break: Alexion Pharmaceuticals | Bayer Product Theater
1:30PM - 2:30PM	Breastfeeding and Lactation Medicine: 2026 Updates for Primary Care PAs | Bryna McCollum, PA-C
2:30PM - 2:45PM	Break
2:45PM - 3:45PM	Update from NCCPA: Focus on the PANRE/PANRE-LA | Alicia Quella, PhD, PA-C
2:45PM - 4:45PM	Workshop: Wilderness Medicine | Nick Stanton
3:45PM - 4:15PM	Break
4:15PM - 5:15PM	The Psychiatric Toolbox: High-Yield Clinical Pearls for Everyday Practice | Rebecca DePalma, DMSc, PA-C
5:15PM - 5:30PM	Closing Remarks

Tuesday, November 3rd

7:30AM - 8:30AM	Breakfast
8:30AM - 9:30AM	Neurosurgery Basics; from Brain to Spine | Shawn Moore, PA-C, MHS, BHS, BA
9:30AM - 9:45AM	Break
9:45AM - 10:45AM	Doctoral Education in the PA Profession: Current Trends, Benefits, Challenges and Future Considerations Michelle Cardenas, PA-C
10:45AM - 11:15AM	Break
11:15AM - 12:15PM	Wound Care Essentials for the Non-Wound-Care Clinician: Dressings and Stage-Based Management | Xiaodi Feng, PA, PhD
12:15PM - 1:15PM	Lunch Break
1:15PM - 2:15PM	Advanced L&I: IMEs and Reopenings | Jonathan Clemens, DMSc, PA-C
1:15PM - 3:15PM	Workshop: Botox Basics: A Beginner's Guide to Neuromodulators in Clinical Practice | Angela Fulton, PA-C
2:15PM - 2:30PM	Break
2:30PM - 3:30PM	Legal Advocacy in Washington State | Kelsey Hulse, MBA
3:30PM - 4:00PM	Break
4:00PM - 5:00PM	Panel - Own Your Own Practice | Jenna Newcomb Barkhimer, MPAS, PA-C, CAQ-EM; David Wood, MBA, PA-C; Brian Hillard, PA-C
5:00PM - 5:30PM	Free Time

Wednesday, November 4th

7:30AM - 8:30AM	Breakfast
8:30AM - 9:30AM	Addiction Medicine is Family Medicine | Kari Hoover, MA MCHS PA-C
9:30AM - 9:40AM	Break
9:40AM - 10:40AM	Trauma Informed Care, Intergenerational Transmission, and Health Outcomes | Dr. Daytheon Sturges, PhD, MPAS, PA-C, MCHES
10:40AM - 10:50AM	Break
10:50AM - 11:50AM	Gun Violence as a Public Health Issue | Gregory Engel, MD, MPH
11:50AM - 12:00PM	Closing Remarks